

- Provide strength and conditioning coaching for local high school athletic teams
- Provide educational in-services for clinical staff and community

9/01-9/04

NYC Department of Education

Brooklyn, NY

Senior School-Based Physical Therapist

- Provided consultation services for teachers and other related service providers to develop academically-related, individualized education program goals for students with disabilities
- Performed initial evaluations and carried out treatments for students

7/02-4/03

Natural Medicine and Rehabilitation

Bridgewater, NJ

Staff Physical Therapist

- Evaluate and treat patients with various orthopedic diagnoses
- Delivered community seminar on posture/biomechanics of the low back

12/01-6/01

HealthSouth Outpatient Physical Therapy

South Orange, NJ

Staff Physical Therapist

- Evaluate and treat patients with various orthopedic diagnoses

DIDACTIC EXPERIENCE

1/07-current

Passaic County Police Academy

Wayne, NJ

Physical Training Instructor

- Lecture to police academy cadets on topics including basic anatomy&physiology, sports nutrition, and injury prevention

9/06-current

University of Medicine & Dentistry of New Jersey

Newark, NJ

Adjunct Instructor

- Assist professor in examination and measures, orthopedics (musculoskeletal physical therapy), pediatric, anatomy clinical labs
- Instruct students on physical therapy examination and manual therapy techniques

1/06-1/07

Passaic Valley High School

Little Falls, NJ

Guest Lecturer for Health/Physical Education

- Lecture to students on various aspects of fitness, conditioning, health
- Instruct students on proper weight lifting and conditioning techniques

CERTIFICATIONS

Certification- Physical Training Instructor, Passaic County Police Academy (March 2007)

CSCS, National Strength & Conditioning Association (Nov 2006)

Certification- Shiatsu Massage Therapist, Shiatsu Massage School of California (1998)

CPR-BLS

AWARDS/MEMBERSHIP

New York City Department of Education Scholar, 1999-2001

APTA member (orthopedics, sports, private practice sections), 2004-current

AAOMPT member, 2007-current

Paramus Rotary Club member, 2006-current

NSCA member, 2006-current

CONTINUING EDUCATION COURSES

Orthopedics/Sports Medicine

Vestibular Rehabilitation Evaluation and Treatment of Dizziness and Balance
(Jeffrey Walter)- 4-25 to 4-26-2009

Benign Paroxysmal Positional Vertigo: Evaluation and Treatment
(Joseph Caccavo, Jr.) 2-21-2009 7.0 contact hours

Pre-Season Seminar- Treatment, Rehabilitation, and Performance Enhancement of the Baseball Player
(Hospital for Special Surgery medical and PT staff) 1-2009 5.0 contact hours

Current Updates on Orthopedic Musculoskeletal treatment for Physical therapists
(North Jersey Orthopedic Specialists) 10-4-08 5.0 contact hours

Mulligan Concept- Upper Quadrant, Mobilizations with Movement, 'NAGS', 'SNAGS' & MORE
(Russell Woodman) 9-2008 13.0 contact hours

Mulligan Concept- Lower Quadrant, Mobilizations with Movement, 'NAGS', 'SNAGS' & MORE
(Amy Bennett) 9-2008 13.0 contact hours

McKenzie MDT part B- Cervical and Thoracic Spine
McKenzie Staff 7-2008

Evidence-based Examination and Selected Interventions for the Cervical and Thoracic Spine- (Josh Cleland,
PT, PhD, OCS) 1-2008, 15 contact hours

Evidence-based Examination and Selected Interventions for Patients with Lumbopelvic Spine and Hip
Disorders (Evidence in Motion- Josh Cleland, PT, PhD, OCS) 11-2007, 15 Contact hours

Complex Injuries about the Shoulder Plexus (Symposium)
Hospital for Special Surgery 11-2007, 8 AMA hours

Current Concepts in the Prevention, Treatment and Rehabilitation of Injuries in the Recreational and
Professional Golfer (symposium)
New York Medical College 11- 2007, 11.25 AMA hrs

19th Annual Sports Medicine Symposium
Valley Hospital Physicians and Physical therapists 2007

9th Annual Sports Medicine for the Young Athlete
Hospital for Special Surgery 2007

UMDNJ- NeuroMobility Course
Mark Butler, PT 2006 5.0 contact hours

MT-1 Basic Peripheral Seminar
(Maitland Method- OZPT) Robert Fluegel, PT 2004

MT-2 Basic Spinal Seminar
(Maitland Method- OZPT) Chris Showalter, PT, OCS FAAOMPT 2004

The Future of Prosthetics
Dale Berry, CP 2003

Recent Advances in the Evaluation and Treatment of the Knee
Kevin Wilk, PT 2002

Recent Advances in the Evaluation and Treatment of the Shoulder
Kevin Wilk, PT 2002

Curriculum Vitae for Jerry Yoo, PT, DPT pg. 4

Pilates Plus Workshop for Health Professionals
Pearlas Sanborn, MPT, MBA 2001

The McConnell Patellofemoral Treatment Plan
Jenny McConnell, PT, GDMT, M.Biomed Eng. 2001

The Lumbar Spine Revisited
Jenny McConnell, PT, GDMT, M.Biomed Eng. 2001

Patellofemoral Update
Jenny McConnell, PT, GDMT, M.Biomed Eng. 2001

Knee Biomechanics and Rehabilitation
Mark Albert, MEd, PT, ATC, SCS 2001

McKenzie Method of Mechanical Diagnosis and Therapy
McKenzie Staff 2001

Structural Integration Workshop
Vincent Saporito, DC 1999

Pediatrics

If You Can't Breathe, You Can't Function (lecture only)
Mary Massery, MPT 2006

8th Annual Advanced Clinical Practice in Pediatric Physical Therapy Course
Section on Pediatrics, APTA 2005

Common Musculoskeletal Problems of the Foot and Lower Limb/Lower Quarter in Children
Robin Dole, PT, EdD, PCS 2005

Orthopedic Interventions for Pediatric Patients: Evidence for Effectiveness
Home Study Orthopedics Section 2005

Role of the Physical Therapist in Children's Fitness Programs
Pennsylvania Physical Therapy Association 2005

Early Intervention Parent Involvement Workshop
NYC Dept. of Health and Mental Hygiene 2004

Treatment of the Child with Hypotonia
Barbara Hypes, PT 2003

Understanding Developmental Intervention/Discipline Specific Therapy Guidelines
Sunny Days Early Childhood Developmental Services 2002

Pediatric Myofascial Release Treatment Workshop
Janessa Rick, PT 2002

The Whole Child: S.A.N.E System of Pediatric Assessment and Treatment
Anne Buckley-Reen, OTR, Debra Dickson, RPT 2002