

## Taylor D. Lee, PT, DPT, CSCS

### EDUCATION

**MCP Hahnemann University** Philadelphia, PA  
5/01-12/01  
*Doctor of Physical Therapy*

**MCP Hahnemann University** Philadelphia, PA  
6/99-5/01  
*Master of Physical Therapy*

**Rutgers College** New Brunswick, NJ  
9/95-5/99  
*Bachelor of Science*

### PROFESSIONAL EXPERIENCE

**Maven Physical Therapy, LLC** Paramus, NJ 1/07-Present  
*Physical Therapist*  
-Co-established Maven Physical Therapy as a business entity and as a community resource  
-Management of daily clinic operations  
-Evaluate and treat patients with musculoskeletal, neurological, and chronic diagnoses  
-Develop, promote and implement health education programs for the community  
-Marketing of clinical services to the local community and beyond  
-Develop and maintain sound relations with referral sources

**Suburban Physical Therapy Center** Cedar Grove, NJ 5/03-10/06  
*General Manager / Physical Therapist*  
-Management of daily clinic operations and 30 employees  
-Evaluate and treat patients with musculoskeletal, neurological, and chronic diagnoses  
-Develop, promote and implement health education programs for the community  
-Perform monthly cash flow analysis and make fiscal decisions accordingly  
-Marketing of clinical services to the local community and beyond  
-Develop and maintain sound relations with referral sources

**CH Physical Therapy and Personal Training, LLC.** Portland, OR 8/02-5/03  
*Co-owner*  
-Managed administrative responsibilities and daily clinic operations  
-Evaluated and treated patients with musculoskeletal, neurological, and chronic diagnoses  
-Fitness trained clientele for fat loss, cardiovascular health, general conditioning, and performance enhancement  
-Trained administrative staff on administration, billing, sales, and quality service delivery responsibilities  
-Marketed services to local community and beyond

**Palisades Fitness and Wellness Center** Edgewater, NJ 12/02-7/03  
*Fitness Specialist (Independent Contractor)*  
-Performed comprehensive health and fitness assessments  
-Fitness trained clientele for fat loss, cardiovascular health, general conditioning, and performance enhancement  
-Utilizing the sciences of physics, anatomy, exercise physiology, and biomechanics to most effectively fitness train individuals with special needs

**Kipnis Orthopedic Rehabilitation** Cliffside Park, NJ 2/02-6/02  
*Physical Therapist*  
-Evaluated and treated patients with various musculoskeletal diagnoses  
-Utilized progressive resistance exercises, functional training, patient education, and/or modalities in creating an individualized plan of care

### CERTIFICATIONS

-Certified Physical Training Instructor of the Police Training Commission for the State of New Jersey (Exp. 2007)  
-Certification in Business Administration - Rutgers University, New Brunswick, NJ

-Certified Strength and Conditioning Specialist (CSCS) - National Strength and Conditioning Association (NSCA)

## LICENSURE

-Current New Jersey Physical Therapist License (#QA009952)

## COMMUNITY SERVICE

-**Founder/Head Instructor of "FIT 4 U"**: Exercise class specifically designed to consider the special health and fitness needs of the senior population, thus helping to improve balance, and reduce the risk of falls (2003-present)

-**Certified Physical Training Instructor for the Passaic County Police Academy**: Instruction of all Passaic county law enforcement officer recruits on the topic of healthy lifestyle habits, personal fitness, injury prevention and healthy nutrition during basic training in both classroom and physical educational settings (2003-present)

-**Founder/Event Coordinator for the Annual Cedar Grove Health Fair and 5K Run**: Event aims to promote health awareness in the town of Cedar Grove, NJ and its surrounding communities via local health vendor representation and a 5K run. Through corporate sponsorships, the fair raised over \$13,000 in 2005. All proceeds were donated to the local fire and rescue squads (2004-present)

-**Founder/Event Coordinator for the Great Falls Tournament & Sports Fair**: The event donated over \$7000 in 2006 to the National Autism Association, while promoting sports participation among children within the local community. Local businesses accounted for most of the funds raised for the cause of autism research

-**Educator for the community's medical and health-related seminars**: Provide instruction at various local community centers, schools, fitness centers, and senior association meetings (2003-present)

-**Rotarian (Rotary International)**: Active member of Rotary International, which is devoted to various humanitarian efforts locally and throughout the world (2004-present)

## CONTINUING EDUCATION

-Strength and Conditioning	APTA Ortho Section Home Study Course	2006
-Orthopaedic Interventions for Pediatric Patients: The Evidence for Effectiveness	APTA Ortho Section Home Study Course	2005
-Examination & Treatment of Non-surgical Problems of the Shoulder, Elbow, and Wrist	Hackensack University Medical Center	12/04
-Examination & Intervention of Dizziness: The Vestibular System and Orthopaedics 6/04	Cross Country University	
-Physical Therapy for the Cervical Spine and Temporomandibular Joint 2004	APTA Ortho Section Home Study Course	
-Clinical Applications for Orthopaedic Basic Science 2004	APTA Ortho Section Home Study Course	
-Evaluation of the Cervical Spine Disorders 2003	APTA Ortho Section Home Study Course	
-The Shoulder – Clinical Evaluation, Diagnosis and Treatment of the Glenohumeral and Scapulothoracic Joints (Lab Course)	Northeast Seminar	9/03

## AFFILIATIONS

- Member, American Physical Therapy Association
- Member, Rotary Club of Cedar Grove, NJ
- Member, Metro Community Church, NJ

## **LANGUAGES**

- Proficient at speaking and writing the language of Korean